BAB III

PENUTUP

A. Kesimpulan

1. Blokade merupakan metode perang yang sah digunakan sesuai dengan instrumen internasional. Namun, dalam perkembangannya banyak penyimpangan yang salah satunya dilakukan oleh Israel. Pemberlakuan blokade bantuan kemanusiaan oleh Israel di Jaur Gaza khususnya sejak terjadi eskalasi konflik pada 7 Oktober 2023 menimbulkan sejarah kelam baru bagi kemanusiaan. Pemblokadean kebutuhan dasar seperti makanan, air bersih, obat-obatan, bahan bakar, dan listrik mengancam kehidupan pengungsi. Hal ini menyebabkan tidak terpenuhinya makanan, pengungsi terpaksa mengonsumsi dan menggunakan air yang tercemar, obat-obatan terbatas sehingga tidak semua pasien dapat tertangani dengan baik, bahan bakar dan listrik yang menunjang mobilitas dan kehidupan sehari-hari juga sangat minim. Blokade bantuan kemanusiaan tersebut berdampak pada kesehatan fisik dan kesehatan mental Pengungsi Palestina di Jalur Gaza yang merupakan hal fundamental bagi kehidupan manusia. Dampak tersebut, yaitu timbulnya malnutrisi dan kelaparan, penyakit menular, penyakit tidak menular, kecemasan berlebih, depresi, dan *Post-Traumatic Stress Disorder* (PTSD).
2. Sebagai kekuatan pendudukan, Israel memiliki peran penting untuk memenuhi kebutuhan penduduk sipil. Tetapi, melihat kebijakan yang

dilakukan oleh Israel dengan melakukan blokade bantuan kemanusiaan sehingga berdampak pada kesehatan fisik dan mental Pengungsi Palestina tentu melenceng dari tanggung jawabnya. Pengungsi Palestina mempunyai hak-hak yang harus dipenuhi, antara lain hak atas standar hidup layak (UDHR Pasal 25 ayat 1), hak atas kesehatan (ICESCR Pasal 12 ayat 1), serta hak untuk hidup dan perlakuan manusiawi (ICCPR Pasal 6 ayat 1 dan 7). Pada kenyataannya, perlakuan Israel terhadap Pengungsi Palestina menunjukkan sebaliknya yang membuat penderitaan sehingga tidak terpenuhinya hak-hak tersebut. Blokade bantuan kemanusiaan tersebut menjadi wujud nyata pelanggaran atas hak atas standar hidup layak, hak atas kesehatan, serta hak untuk hidup dan perlakuan manusiawi.

B. Saran

Untuk mengurangi penderitaan yang dialami Pengungsi Palestina dan atas dasar kemanusiaan, disarankan agar masyarakat internasional, khususnya Perserikatan Bangsa-Bangsa, meningkatkan upaya diplomasi dan pengawasan melalui penguatan implementasi resolusi-resolusi yang telah dikeluarkan, terutama yang menuntut pembukaan akses bantuan kemanusiaan secara cepat, aman, dan tanpa hambatan ke Jalur Gaza, seperti Resolusi 2735 dan Resolusi 2803. PBB juga diharapkan dapat mendorong kepatuhan terhadap kewajiban hukum internasional, termasuk penghentian pembatasan yang menghambat masuknya bantuan kemanusiaan. Selain itu,

lembaga kemanusiaan diharapkan memperkuat penanganan kesehatan secara komprehensif yang mencakup pelayanan medis darurat, pemenuhan kebutuhan gizi, serta dukungan kesehatan mental.

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